

ABSOLUTE

MIXED MARTIAL ARTS

HOLIDAY TIMETABLE

SOUTH YARRA

CONTACT US:
 Address: 61 Commercial Road
 South Yarra
 Phone: (03)9663-9122
 Email: info@absolutemma.net.au
 Web: absolutemma.net.au

	Monday, 21 December	Tuesday, 22 December	Wednesday, 23 December	Thursday, 24 December	Friday, 25 December	Saturday, 26 December
MORNING	Gi Brazilian Jiu-Jitsu Fundamentals James 6:30 AM to 7:30 AM		Gi Brazilian Jiu-Jitsu Fundamentals James 6:30 AM to 7:30 AM		CLOSED	

NOON	No-Gi Brazilian Jiu-Jitsu All Levels Lachlan 12:00 PM to 1:30 PM	Gi Brazilian Jiu-Jitsu All Levels Lachlan 12:00 PM to 1:30 PM	No-Gi Brazilian Jiu-Jitsu All Levels Lachlan 12:00 PM to 1:30 PM	Brazilian Jiu-Jitsu Open Mat 11:00 AM to 12:30 PM		Brazilian Jiu-Jitsu Open Mat 11:00 AM to 12:30 PM

EVENING	Kids Brazilian Jiu-Jitsu 5 to 15-years-old Mikael 4:00 PM to 4:45 PM	Kids Brazilian Jiu-Jitsu 5 to 15-years-old Mikael 4:00 PM to 4:45 PM	
	Mixed Martial Arts Fundamentals Raphael 6:00 PM to 7:00 PM	Muay Thai Fundamentals Liam 6:00 PM to 7:00 PM	No-Gi Brazilian Jiu-Jitsu Fundamentals Lachlan 6:00 PM to 7:00 PM
	Gi Brazilian Jiu-Jitsu All Levels Lachlan 7:00 PM to 8:30 PM	Gi Brazilian Jiu-Jitsu Fundamentals Lachlan 6:00 PM to 7:00 PM	Gi Brazilian Jiu-Jitsu All Levels Lachlan 7:00 PM to 8:30 PM
	Gi Brazilian Jiu-Jitsu Advanced Lachlan 8:30 PM to 9:00 PM	Wrestling All Levels Connor 7:00 PM to 8:15 PM	Gi Brazilian Jiu-Jitsu Advanced Lachlan 8:30 PM to 9:00 PM
		No-Gi Brazilian Jiu-Jitsu Open Mat Lachlan 8:15 PM to 8:45 PM	

	Monday, 28 December	Tuesday, 29 December	Wednesday, 30 December	Thursday, 31 December	Friday, 1 January	Saturday, 2 January
MORNING					CLOSED	

NOON				Brazilian Jiu-Jitsu Open Mat 11:00 AM to 12:30 PM		Brazilian Jiu-Jitsu Open Mat 11:00 AM to 12:30 PM

EVENING	Kids Brazilian Jiu-Jitsu 5 to 15-years-old Mikael 4:00 PM to 4:45 PM	Kids Brazilian Jiu-Jitsu 5 to 15-years-old Mikael 4:00 PM to 4:45 PM	
	Brazilian Jiu-Jitsu Open Mat 6:00 PM to 7:30 PM	Muay Thai Fundamentals Liam 6:00 PM to 7:00 PM	No-Gi Brazilian Jiu-Jitsu Fundamentals Lachlan 6:00 PM to 7:00 PM
		Gi Brazilian Jiu-Jitsu Fundamentals Lachlan 6:00 PM to 7:00 PM	Brazilian Jiu-Jitsu Open Mat 7:00 PM to 8:30 PM
		Brazilian Jiu-Jitsu Open Mat 7:00 PM to 8:30 PM	